

# 3002

EAST MELBOURNE & JOLIMONT MAGAZINE



Summer 2019





# From the President



By Ian Mitchell, President

The committee and I are delighted to have an East Melbourne and Jolimont Magazine again. We hope to continue these more regularly.

As we enjoy the spring foliage, I am reminded how lucky we are to live in this gem of a suburb. The heritage buildings, beautiful walkways and surrounding parks and gardens are special indeed. Yet behind the scenes the East Melbourne Group works hard to preserve this beautiful enclave.

In the last 12 months we were faced with the possibility of a football club taking over part of Yarra Park and installing a contemporary high rise office building over the train lines adjacent to the heritage Jolimont Station. With considerable objection, advocacy and explanations from the group and residents, we were able to have these plans cancelled and the parkland assured for public usage.

We have also worked with the Melbourne Cricket Club to ensure the car parking and public events in Yarra Park are limited and less destructive to the park and surrounds.

Similarly, we have been able to have inappropriate development plans cancelled or at least reduced in impact. These have required much advocacy to City of Melbourne and VCAT with committee members giving a great deal of their time.

We have worked closely with COM to maintain the amenity of East Melbourne with parking issues, graffiti removal, inappropriate kerbside encroachments and many other issues addressed. We and the residents of several suburbs have worked with federal, state and local governments to address the noise levels and potential risks from light aircraft and passenger jets over inner Melbourne. This is a work in progress and will require ongoing attention especially with the planned extra runway at Tullamarine.

We have organised fun social events aimed at providing cohesion and communication with residents and friends. I was reminded of the importance of such interaction at the recent New and Younger Members Soiree held at the home of Krystyna Campbell-Pretty AM, Elizabeth House. I thank the committee for their considerable efforts. I also invite readers to join the committee, sub committees or the group as members. The more members we have, the more strength we have in advocacy, and the more events and activities we are able to have to make this an even better suburb.

## East Melbourne Group - What we're working on right now

- 86 - 94 Jolimont St – Old Cricket Victoria site - Multi storey Commercial development application with detrimental heritage and urban planning implications proceeding to VCAT.
- 120-130 Wellington Pde – Application for conversion from commercial to residential with large car park at rear.
- Improve vehicle access for Jolimont residents to their homes during major events.
- Aircraft Noise
- Car parking – working to increase enforcement of illegally parked and overstaying vehicles.
- 3002EMJ We've been busily working to get this issue to you and have already started on the next edition.
- EMG Members Christmas Drinks at the Pullman on Tuesday 17th December.

## East Melbourne Group Working together to keep 3002 the way you like it

### Why become a member?

- 1 To help preserve all you love about East Melbourne and Jolimont
- 2 To support the work of EMG to connect the community
- 3 To add your voice and influence decision makers

To join go to  
[www.emg.org.au](http://www.emg.org.au)

Membership fees are very reasonable at just \$55 single, \$110 household and \$33 concession



### EDITOR'S NOTE

We are excited to relaunch the East Melbourne publication, after a hiatus since Winter 2017 for want of an editorial team, as 3002 East Melbourne & Jolimont Magazine.

The EMG first produced a local news magazine in 1980 with editions held by the State Library. The community magazine is able to be published due to the strong support of local advertisers and is published by the EMG for all residents and businesses in East Melbourne and Jolimont.

Our vision is to create a publication that captures the diverse community that lives in our unique suburb and provide a voice to support those in our community.

Whether you have lived here for 30 years, are just passing through for a precious few or you happen to work here, we are all a part of the fabric of East Melbourne and this magazine is here to represent everyone.

Do you want to get some real world experience working on a community publication? We are looking for volunteer writers, editors, photographers, socials media gurus to help us connect East Melbourne. We welcome people with all interests, including but not limited to architecture, art, community, fashion & retail, fitness, food & wine, gardening, government, our parks, your pets, sustainability or anything else that you love about East Melbourne.

Our love of East Melbourne is what binds us.

### PRODUCED BY

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### DESIGN

Virtual Planet Studios  
By Ellie O'Collins and Ben Rancie  
[Virtualplanetstudios.com.au](http://Virtualplanetstudios.com.au)

### PRINTED BY

Print Graphics!Print Green  
[www.printgraphics.com.au](http://www.printgraphics.com.au)

### ADVERTISING ENQUIRIES

[magazine@emg.org.au](mailto:magazine@emg.org.au)

### ARTWORK

Local artist Alissa Duke provided  
Artwork throughout  
[Alissaduke.com](http://Alissaduke.com)

### COVER IMAGE

Eva So photographed by Susanna Louie

### FINANCIAL ASSISTANCE

The EMG gratefully acknowledges financial assistance from Toyota Motor Corporation Australia Limited

**TOYOTA**

# Spotted in East Melbourne

By Susanna Louie

*It's a beautiful, perfect spring day. Where do you head to in East Melbourne?*



### Tracey

Tracey has lived in East Melbourne since 2007 and both Jack and Xavier have lived here since they were born. Tracey is an instructor at K-Kore by Lagree Fitness in the CBD and the family enjoy walking everywhere and are keen on their footy. Footy splits the family with Tracey and Xavier supporting the Roos while Jack and dad Ash go for the Pies.

*"I like to take advantage of a gorgeous day by going for a brisk run weaving my way through the streets of East Melbourne then out around Yarra Park."*

### Xavier

*"I like footy, so like to meet my East Melbourne mates at Powlett Reserve to kick the ball around. ball."*

### Jack

*"On a nice day, I like to take my electric remote control cars and drive them around Yarra Park until their batteries run out."*



### Kiran Sandhu

Visiting ex-resident Kiran lived in East Melbourne from 2008 to 2011 with husband Kevin and their daughter Milana, who spent her first year in East Melbourne before the family moved home to the UK. Kiran says she didn't truly appreciate the tiny suburb until she had Milana and spent her days with a little bub in tow, exploring every corner of the neighbourhood. 'I very much miss it as it's such a magical place to live and raise a child.

*"Definitely Fitzroy Gardens, honestly, how many people have a beautiful botanical garden on their doorstep. Back when we lived here, we would lay a blanket down for the babies and watch them filming the television show Offspring as we basked in the sun."*



### Blake Fair and Nashi

Blake is a relatively new to East Melbourne, having moved here from Collingwood 18 months ago. For television fans, Blake is an assistant director on the show 'Neighbours'. He also has a special interest in taking night photos around East Melbourne and he's quite a regular at the George St Cafe and Hard Press.

*"Darling Gardens is always my destination of choice on those gorgeous warm sunny days. I'll go there to hang out, meet up with friends and recharge"*.



### Audrey Major

Many of us might know Audrey's cheerful smile from her role at the General Store, where she has worked for over 5 years. She commutes to East Melbourne from Yarraville. Audrey is an avid traveller having just returned from seven months in Europe and is a keen movie buff with a film and television degree under her belt.

*"On a pretty spring day, I would head to Fitzroy Gardens to have a picnic under a big lovely old tree and maybe feed a few birds."*



### Murray Hohnen

Murray was a lawyer by training and has worked in Adelaide, Brisbane, Canberra and Melbourne. He had a career in the mining industry with particular emphasis on iron ore, metallurgical coal and copper. He has lived in East Melbourne now for more than 20 years with his wife Caroline. Murray is also vice president of the East Melbourne Group and convenor of the Parks and Gardens sub-committee.

*"One corner of East Melbourne I enjoy is Powlett Reserve. On a warm evening you can join friends and family to enjoy a glass of wine and watch people coming together at week's end to share a barbeque, picnic or pizza while children tire themselves out in the playground."*



## Green Section

# Yarra Park A Special Place

by Angela Mercer

Yarra Park is a beautiful oasis in the middle of the ever-expanding metropolis of Melbourne. Thirty five hectares of grass and magnificent old trees. Crown land gazetted as open space by our far sighted forefathers in 1873, to be one of the "lungs of the city."

I suspect that they would be horrified to learn that the park is now referred to by the ignorant as "the MCG carpark" though indeed sadly that is what it is for much of the year. Nevertheless, it is a wonderful space, much appreciated by commuters on their walk to work; early morning exercise groups and joggers; families picnicking or using the BBQs; small children in the delightful playground and larger children playing cricket or footy and of course the dogs. Every morning and again in the late afternoon, dozens of happy dogs can be found in the off leash areas, chasing balls, chewing sticks, socialising with their doggy friends and generally having a wonderful time. Their humans too find this a great social occasion. We have many friends we would otherwise never have found from East Melbourne; Richmond; Collingwood and the City and spend the time catching up

on news, discussing politics, 'reviewing' new restaurants, exchanging recipes and information on the best place to buy the ingredients and what should be the date of our Christmas party, or do we need another get together sooner? We welcome the proud owners of a new puppy and offer a shoulder to cry on when a dear old friend leaves us.

Evidence such as the two Scar Trees show that the Park was a corroboree site for the Wurundjeri people for many generations and it seems appropriate that it should now be a meeting place for the current inhabitants of the area. We cherish our Park, and care for it as we would our own garden, pulling out the occasional weed, picking up litter left by the footy crowd and of course cleaning up after our dogs, so that it remains this special place in the Municipality of Melbourne for the benefit of all.

*Every morning and again in the late afternoon, dozens of happy dogs can be found in the off leash areas, chasing balls, chewing sticks, socialising with their doggy friends and generally having a wonderful time.*



Photography by Angela Mercer

## Green Section

## Community Herb Garden

Did you know that East Melbourne green thumb Siusan Mackenzie gathered a group of interested locals and together with the Men's Shed, City of Melbourne and the East Melbourne Group created a community herb garden in the courtyard of the East Melbourne Library? Head over to enjoy the green space and pick some herbs for tonight's dinner. If you're interested in getting involved in maintaining the garden please speak to Linda at the library in the first instance.



## The Helpful Worm

No matter how much organic fertilizer you pile onto your patch, without worms you will be fighting a losing battle.

Not only do worms help transform material into accessible plant nutrients, but their burrows also loosen the soil, admitting air and water and helping root to grow.



## Watercolour Summer Birds of a Feather

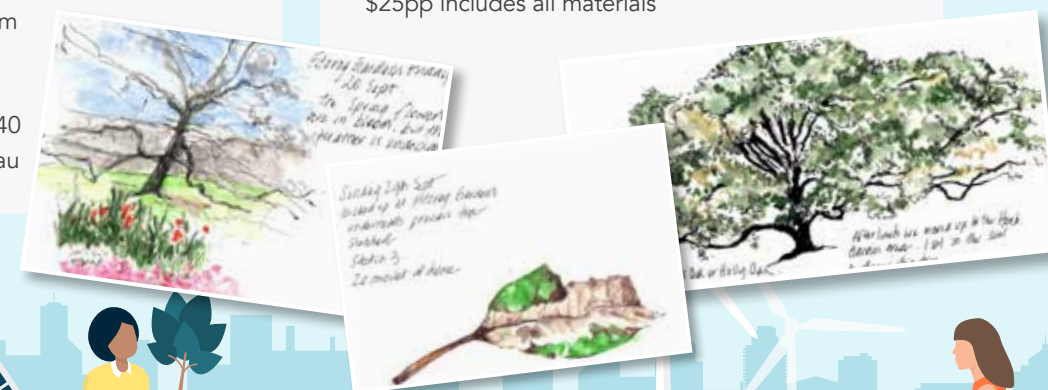
Create your own gifts and cards with drawing and watercolour painting. Capture the movement, colour and texture of the feathers, birds and things that fly in the Fitzroy Gardens

4 December 1 – 2pm  
KereKere Fitzroy Gardens  
\$25pp includes all materials

## Nature Sketching

Learn about nature sketching with water colour pencils. Head out on a walk to Fitzroy Gardens, sketching to record your experience. Learn tips and techniques for sketching along the way.

30 Nov & 15 Feb 10am - 1pm  
East Melbourne Library  
Class and sketch kit \$65  
class only (BYO sketch kit) \$40  
Go to [www.alissaduke.com.au](http://www.alissaduke.com.au)



We are looking for volunteer editors and writers to join our Green Section. If you have a keen interest in gardening, sustainability, horticulture or plants, contact Susanna at [magazine@emg.org.au](mailto:magazine@emg.org.au).



# Our Community



## Book Clubs

### Any Book Book Club

Like talking about books? So do we! Join and tell us what you are reading. Tuesdays (Feb – Dec) 10.30am to 12pm East Melbourne Library | Free

### First Friday Book Club

The Feather Thief by Kirk Wallace is the story of beauty, obsession and the natural history heist of the century. Although it is non-fiction, The Feather Thief contains many of the elements of a classic thriller 7th Feb 10.00 - 11.30am Friends of The Johnston Collection \$15 members \$20 non members

### Thursday Book Cafe

Come along and have a tea or coffee and discuss your latest read or take a book home. 4th Thursday of the month 2 - 4pm (during school terms) Holy Trinity | Free

### The Annual Book Fair

15 – 16 February 15 from 9am Holy Trinity Church



## Christmas

### Holy Trinity Christmas Services

Sunday services at 8 am and 10 am Sunday 22nd December | Christmas Carol Service followed by free sausage sizzle

Christmas Eve Tuesday 24th December 9pm Eucharist with Carols

Christmas Day Wednesday 25th December 8am & 10am Eucharist with Carols

### Christmas Ornament Workshop

Create beautiful bespoke ornaments for your Christmas tree using beads, sequins and trims. 13 Dec 10am – noon East Melbourne Library Free. All materials included in this adult class

### Community BBQ at the EM Library

Organised by East Melbourne Library & EMG.

Free BBQ, pop up stores and free children's show bags. 21st December 11 to 2am East Melbourne Library | Free

### EMG Christmas Drinks

Tuesday 17 December 630 - 830pm Pullman Melbourne on the Park Cliveden Bar Members \$79 Non-members \$85 Book at [emg.org.au](http://emg.org.au)

### Christmas Display at the Old Treasury

Immerse yourself in a time gone by and visit the Old Treasury's annual Christmas display from the 1920's.

To 5th Jan 10am-4pm Old Treasury Building 20-70 Spring Street | Free

### Il Duca Restaurant Christmas Carols Evening

Two course dinner and popular carols sung by Lino Del Guidice, Samantha Du Rennes and Frankie Bonadio 4th, 5th and 17th Dec at 630pm \$70 for two course meal + drinks on consumption



## Local Christmas Markets

### Arts Centre Melbourne Christmas Market

7 & 14 Dec, 10am – 4pm Arts Centre Lawn and Walkway, St Kilda Rd | Free

### The Big Design Market

6 – 8 Dec from 10am Royal Exhibition Building \$5 entry, children free

### CWA Cooking Fair

7 Dec, 9am – 2 pm 3 Lansell Rd Toorak Orders may be placed by contacting CWA before 30 Nov.

### French Christmas Market (Marche de Noel)

7 - 8 December 10am-5pm Alliance Française de Melbourne, 51 Grey Street, St Kilda | Free

### Christmas Gin Market

7 - 8 Dec From 11 am The Craft & Co Smith Street Collingwood \$15 incl. free tastings plus \$5 voucher

### Docklands Christmas Twilight Market

8 Dec 10am – 8pm 4-45 Newquay Promenade Docklands Free entertainment all day

### Canine Christmas Market/Big Day Out For Dogs

8 Dec 10.30am – 4pm KCC Park (State Dog Centre) Skyel | Free

### Vegan Christmas Market

15 Dec 10am – 4pm The Atrium Federation Square | Free

### Butterfly Christmas Market

20 Dec 9am – 4pm The Atrium Federation Square | Free

## Cultural Pursuits

### Sidney Myer Music Bowl Free Concerts

Enjoy the music of the Melbourne Symphony Orchestra this summer at the Sidney Myer 5th, 8th & 14th Feb Sidney Meyer Music Bowl Go to [www.mso.com.au](http://www.mso.com.au) for program information.

### Shakespeare in the Park (Southern Cross Lawn, opposite the Shrine)

Twelfth Night - pack a picnic, pop a cork and experience love and laughter under the stars with a pure gem of a Shakespearean comedy. 20th Dec - 4th Mar 8 – 10.05 pm \$25 - \$50pp Tickets at [www.Ticketmaster.com.au](http://www.Ticketmaster.com.au)

### The Johnston Collection Events

William Johnston: His residence and collection reimaged 17th Feb – 26 May 2020 A Boy's Own Story 30th Sep – 4 Feb 2020 Go to [www.johnstoncollection.org](http://www.johnstoncollection.org) for program information.

### Guided Walking Tour of Fitzroy Gardens

A free guided walking tour of the Gardens departs from the Visitors Centre every Saturday at 10am.

### Gertrude Opera Presents 'As One'

Australian Premiere of the most produced modern chamber opera in America, as part of the 2020 Midsumma Festival.

A film-maker's own coming-of-age story, told by two opera singers and on-stage string quartet. A beautiful, intimate chamber opera.

22nd Jan – 1st Feb fortyfivedownstairs, 45 Flinders Lane Go to [www.gertrudeopera.com.au](http://www.gertrudeopera.com.au)





### Rain Room

Rain Room is an immersive art experience by London-based collective, Random International. Guests are invited into a darkened room filled with continuous rain. Thanks to motion based sensors in the ceiling 'Rain Room' detects where visitors are and ensures a dry six-metre radius around the guest. Simply surreal.

Until 31st Jan  
Jackalope Pavilion, St. Kilda  
Tickets available at  
[www.premier.ticketek.com.au](http://www.premier.ticketek.com.au)

### Moonlight Cinema at the Royal Botanic Gardens

28 Nov - 29 Mar 2020  
Go to [www.moonlight.com.au](http://www.moonlight.com.au) for film program, dates and to purchase tickets.

### CBD Craft Group

Bring along your project and craft with this friendly group.  
2nd Saturday of the Month  
11am - 1pm  
KereKere Green Fitzroy Gardens  
[www.kerekere.org/communityevents](http://www.kerekere.org/communityevents)

## Health and Well Being

### EM Neighbourhood Network Health and Fitness classes

Pilates - Tuesday's 10.30am  
Kundalini (Breathing) Yoga  
Wednesday's 4.30pm  
Tai Chi Thursday's 8.00am  
General Exercise for older residents  
Friday's 10.30am  
Powlett Reserve Community Room  
Experienced teachers | Small charge per class

Contact:  
Susan Henderson  
[sjhenderson52@ozemail.com.au](mailto:sjhenderson52@ozemail.com.au)  
Shelley Faubel  
[faubelfamily@hotmail.com](mailto:faubelfamily@hotmail.com)  
Pat Jones  
[triciaj1944@gmail.com](mailto:triciaj1944@gmail.com)

### Holy Trinity Meditation Group

Tuesday's 5.30pm & Thursdays  
8.45am (during school terms)  
Holy Trinity | Free

### Federation Square Laughter Club

Could you do with a good belly laugh amongst a lovely group of friendly, like-minded people?

1st & 3rd Sunday's of the month  
11am - 12pm  
The Atrium, Federation Square | Free

### Federation Square Tai Chi

Exercise your mind, body and soul in an inspiring location to start your week.

Tuesday's 730 - 8.30am  
The Square (The Atrium in poor weather) | Free

### Federation Square Qigong

Exercise your mind, body and soul with free Qigong classes.  
Friday's 8 - 9am  
The Square (The Atrium in poor weather) | Free

### Morning Meditation

Half hour meditations are facilitated by Calm in the City ([www.calminthecity.org.au](http://www.calminthecity.org.au))  
Thursday's 8 - 8.30am  
The Atrium Federation Square | Free



### Lunchtime Meditation

Buddhist Monk Gen Dornyng, resident teacher at Kadampa Meditation Centre, teaches meditation with a warmth and humility that is naturally inspiring.

Tuesday's 12.30 - 1pm  
The Atrium Federation Square | Free

## Volunteering

### Epworth HealthCare is recruiting customer service volunteers

If you are motivated to help others and give back to the community then this might be the role for you. Located at Epworth Freemasons, we are seeking volunteers who have excellent customer services skills and would be interested in providing assistance to patient or visitor enquiries as well as offer hospital directions. If this sounds like you, please contact Alice Saunders on **03 9426 6217** or [volunteering@epworth.org.au](mailto:volunteering@epworth.org.au).

### Garden Volunteers

If you are missing your garden, join the volunteers who help maintain the Bishops court garden in Clarendon Street. Most Thursdays and an occasional Wednesday. Contact Libby Marsden **0407 825 226**.

### EMG Social Committee

We are looking for fun loving volunteers to join our East Melbourne Social Committee.

For those who have great event ideas on how to connect our community or just want to have some fun helping existing events. The possibilities are endless. Contact Carolyn on [admin@emg.org.au](mailto:admin@emg.org.au)

### Volunteers for the 3002EMJ magazine

Want to get some real world experience working on a community publication?

We are looking for volunteer writers, editors, photographers, social media gurus and distributors to help us connect East Melbourne.

We welcome people with all interests, including but not limited to architecture, art, community, fashion, fitness, food & wine, gardening, government, health, our parks, your pets, sustainability or anything else that you love about East Melbourne. Contact Carolyn on [admin@emg.org.au](mailto:admin@emg.org.au)

### Volunteers to help deliver this magazine

If you're willing to deliver to your neighbours four times a year or if you live in one of the many apartment blocks where it's difficult for our volunteers to access, please let us know on [admin@emg.org.au](mailto:admin@emg.org.au)

### EMG Sub-committee Volunteers

Are you passionate about East Melbourne?

If you're as passionate as we are about keeping East Melbourne the way we love it, please consider joining one of the EMG's sub-committees (heritage & planning, parks & gardens and amenities). Contact Carolyn on [admin@emg.org.au](mailto:admin@emg.org.au)

## Wanted Accommodation

Melbourne University student from country Victoria seeking a room to rent, commencing February/March 2020.

To discuss further, please contact Lynda.  
[weloveeastmelb@gmail.com](mailto:weloveeastmelb@gmail.com)



# Dîner En Blanc: An East Melbourne Affair to Remember

By: Susanna Louie

The scene opens on a balmy evening at the end of Summer, two years ago. In my mind, a camera follows my friends and me, all dressed head to toe in white, walking through East Melbourne towards a crowd at Jolimont Station, also all dressed in white. People carried trolleys laden with folding white tables and chairs, white china, white floral arrangements and white coolers full of gourmet delights. It was like we'd jumped out of a movie set.

Everybody was prepared with everything they would need for a sophisticated dinner party, that could be staged anywhere at a moment's notice. We were a gang of white-clad revellers at one of many meeting points around Melbourne for the 2017 Dîner En Blanc, a not so intimate surprise location dinner party unlike any other.

This was my first Dîner En Blanc, whilst also a group leader, responsible for helping get people from one of the meeting points to the event. People from other meeting points would be bussed to the secret location, but we would be walking, so everyone knew it would be nearby. The monochrome crowd excitedly mingled on Wellington Parade, taking up far too much room as they waited to begin their journey to where we would feast and party the night away.

Every good movie needs a flashback to set the scene. Dîner En Blanc was founded in Paris in 1988 by Francois Passquier, when he invited a group of friends to a dinner party in a local park. He asked everyone to dress in white so that they would recognise each other. For twenty years the annual tradition grew, with different locations and attendees inviting their friends the following year. In 2009, the first Dîner En Blanc occurred outside of France in Canada. Since then it has spread across six continents, with Melbourne joining the cities celebrating this marvellous event in 2015. At the 30th anniversary in Paris in 2018, 17,000 people attended.

Melbourne hosts, Sara Walsh, Stephanie de Vos and Owen de Vos, are 'delighted to bring this truly unique event to Melbourne for the 5th straight year. We love the anticipation leading up to the night before seeing friends, old and new - come together in a sea of white on our favourite night of the year. We look forward to introducing guests to some new local flavours while keeping with this timeless French inspired tradition'.

Fading back to East Melbourne, the last of my group had arrived and we set off. A two-block long white caravan of Diners headed down Wellington Parade towards the city. It did not take long for the secret location to be revealed as East Melbourne's Treasury Gardens, spectacularly convenient for us 3002 locals.

We joined 2,200 others in this magical space, set against the CBD backdrop and amongst the soaring trees of the Treasury Gardens. We were met by a team of (yes, you guessed it) white attired volunteers who lead each group to their assigned spot to setup up their mobile dining suites. Personally, I like to make a bit of a splash when entertaining, so we decided to create a more dramatic look with a sheer curtain canopy framing our group's tables, including fairy lights. Due to some practice runs at home, we were able to complete the construction in time for the traditional kick-off of the event – everyone standing behind their chairs and waving their white napkins in the air. It may not sound like much, but over 2,000 napkins being waved in a sea of white against the green park was quite a sight but was just the first of many visual spectacles for the night.

With everybody's table settings elegantly curated to within an inch of their lives, the feasting commenced. With the option of bring your own meals, as well as pre-ordered hampers, the range of foods on display was immense. While you could bring your own soft drinks, alcohol had to be pre-ordered, to keep everyone tidy. Our group of East Melbourne locals challenged ourselves to self-cater with each couple creating a different course. Our fare included

an easy to travel with salmon ceviche layered salad in a jar, quiche and a main of seared beef.

More than just a pop-up dinner party, Dîner En Blanc creates a festival atmosphere with live entertainment and a dance floor, performance artists and art installations to set the mood. There were also some sponsored lounge areas to escape the crowds for a moment if needed. The biggest photo-op was after the signal was given to light our extra-long sparklers, provided by the organisers. 2,200 spluttering lights waving through the night air erupted all over Melbourne's social media. On-site professional photographers with backdrop scenes were also very

popular all night. As the evening goes on, a favourite pastime with most revellers was to grab a glass of wine and take a look at the spectacular setups of the other groups. Every year the competition heightens for more elaborate table settings and decorations. Our lone table frame in 2017 saw five more appear in 2018 when the event moved to the space between the Exhibition Building and the Melbourne Museum in Carlton. We can only expect that people's preparations will be even more remarkable this year, wherever that will be...

Fade to white.

*We love the anticipation leading up to the night before seeing friends, old and new - come together in a sea of white on our favourite night of the year.*



## A Boy's Own Story

SUMMER EXHIBITION AT THE JOHNSTON COLLECTION

**30 SEPTEMBER 2019 - 4 FEBRUARY 2020**

INDIVIDUAL & GROUP BOOKINGS AVAILABLE:  
[johnstoncollection.org](http://johnstoncollection.org)  
 +61 3 9416 2515  
[info@johnstoncollection.org](mailto:info@johnstoncollection.org)

THE JOHNSTON COLLECTION

**FEATURING WORK BY:**  
 DOUGLAS MCMANUS  
 TROY EMERY  
 CHRIS O'BRIEN  
 NOEL BUTTON  
 STEVE CAMPBELL-WRIGHT  
 LUCAS GROGAN  
 EDWARD JOHN SCOLLAY (1917-85)  
 GEORGE COMPEIGNE CAMPBELL (1917-2007)  
 TRISTAN BRUMBY-RENDELL  
 KEVIN SMITH  
 LUKE HOCKLEY  
 DAVID PEARCE  
 TREVOR SMITH  
 TERRY WILLIAMS  
 ALONG WITH DAVID COLLYER  
 HIS FATHER A. KEITH COLLYER (1917-83)  
 AND GRANDFATHER  
 ARCHIBALD COLLYER (1883-1939)

THE JOHNSTON COLLECTION IS AN INDEPENDENT NOT-FOR-PROFIT, FOR CULTURAL VALUE MUSEUM

KEEP INFORMED - CONNECT WITH US



# Aircraft Problems Over Our Residential Area

By: Shelley Faubel

For some years the East Melbourne Group has been advocating on behalf of residents on aircraft issues. Since 2013 there has been a significant increase in the number of helicopters flying and hovering over residential areas and in the number of low-flying fixed wing aircraft on training or joy flights.

Planes have been recorded doing as many as 30 circuits over our suburb. This creates a noise problem which affects people's ability to enjoy their homes and gardens and has contributed to health problems.

There are also safety and terrorism concerns. There are more controls on people entering the MCG than on aircraft flying over it. East Melbourne remains in controlled airspace but the requirements for pilots to obtain Air Traffic Control permission to enter and exit this airspace are not being enforced.

These problems have occurred as a result of the relaxation of regulations which previously required light aircraft and helicopters to follow transit routes. Such aircraft can now fly over sensitive residential and public areas. This has resulted in a more than tenfold increase in helicopter flights and on some days literally hundreds of flights occur over inner Melbourne suburbs.

Large passenger jets also are now routinely routed over our suburb on a concentrated flight path. More than 100 of these flights pass over our homes on some days.

All these changes have occurred without any consultation with residents. A complaint based on material obtained under FOI has been lodged with the Aircraft Noise Ombudsman to challenge the way the decisions were made.

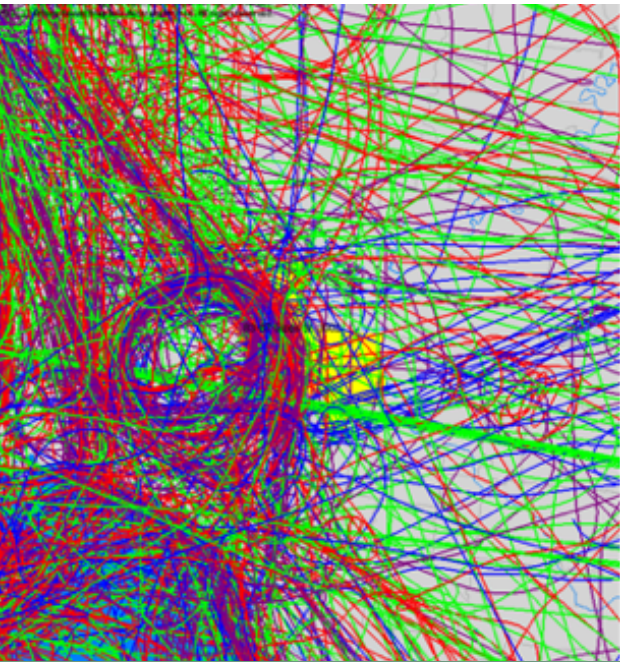
Our local MP Adam Bandt and Senator Jennifer Rice have been seeking a return to the previous rules where aircraft were required to fly over freeways, rivers and Port Philip Bay, avoiding residential areas. Mr Bandt recently met with the deputy prime minister, Michael McCormack, who has responsibility for aviation, to discuss these problems. The Melbourne City Council has also actively been trying to help, with Lord Mayor Sally Capp and councillors actively championing this issue on behalf of residents.



The Coalition of Melbourne Business and Residents Associations (CoRBA), of which EMG is a member, has also been supporting our efforts, as these problems also affect the broader Inner Melbourne Area.

We are hopeful that our efforts to reduce these impacts on the quiet enjoyment of our neighbourhood will succeed. Residents can help by raising the issue with politicians at all levels of government.

If you would like to help, or for further information contact Shelley Faubel email [faubelfamily@hotmail.com](mailto:faubelfamily@hotmail.com) or Susan Henderson email [sjhenderson52@icloud.com](mailto:sjhenderson52@icloud.com)



The map above show the flights we have to endure over our homes on just one day:

# EMG Committee Profile: Amenities Sub-Committee

By: Susan Henderson

One of the responsibilities of the EMG is taking care of the general amenity of our suburb. Your representatives for this are Susan Henderson, Shelley Faubel, Greg Bisinella, Charlie Hohnen and Jenny Noyce. If you have any suggestions or questions, please feel free to contact us through [admin@emg.org.au](mailto:admin@emg.org.au) Some of the issues we have worked on with Council and others over the last year are:

- car share companies re number and location of parking spaces.
- aircraft over EM. Safety and noise issues have been our focus and we have lobbied with local, state and federal government to get better consultation with affected residents.
- illegal right turns at Simpson and Wellington Pde intersection. The island wedge preventing illegal turns is to be extended further along Wellington Pde as part of the Yarra Trams upgrade of the shunting area.
- slippery tactile visual aid tiles. A number of these tiles have been removed and more will be replaced with non-slip granite tiles

- 40kph speed limit through East Melbourne. We continue to lobby through the council for this
- speeding and illegal turns from Hoddle St. We have succeeded in getting a further sign on Hoddle St and continue to lobby for policing of illegal turns.
- resident parking. Council have agreed to stop giving new apartment blocks separate street parking permits. This stops the reduction of spaces available for 3A & 3B permits. Any new development that increases the number of dwellings on the site will now lose any right to on-street resident parking permits.
- illegal car parking on our streets. Tradesmen and local workers are continually flouting the parking limits without penalty. We are continually pushing Council to enforce the limits, both during the day and for MCG events.
- resident access to homes in Jolimont during events at the MCG. We have met with officials from MCC, CityWide and Victoria Police to improve advance notice of closures and ensure better access for residents.



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# Protecting Our Parking

By Susan Henderson

We have all experienced the uncertainties of finding a parking space in our neighbourhood.

The EMG Amenities sub-committee have been working with Council to find the best ways to keep as many spaces as possible available for residents and their guests. As the number of residents of East Melbourne increases due to more apartments and dual occupancies, the pressure on our limited parking increases.

**Some of the changes that we have negotiated with Council are:**

- Any new developments or dual occupancies will now lose their Area 3 parking rights.
- There will no longer be separate spaces allocated to new developments.
- Curb side sensors which enable parking inspectors to issue fines to cars that have overstayed the time limit have now been installed in Jolimont, Victoria Pde and the northern section of Clarendon, Powlett and Simpson Streets. This is proving to be a disincentive to illegal parking.
- We are discussing with the MCC the parking issues related to MCG events. There have been some preliminary discussions about the possibility of initiating a 'Park and Ride' system for major events, perhaps involving a city car park.

When the Eastbourne apartments are fully occupied and the new medical consulting suites on the Freemasons site open, there will be even more pressure on parking for residents. There is simply no ability to generate more on-street parking spaces. One of the possibilities residents will need to consider is the further installation of sensors.

**In considering sensors, some of the issues are:**

- Illegal parking will be more likely to be penalised, leading to less overstaying.
- Existing residents will be protected by Area 3 permits.
- Our visitors will also be subject to normal restrictions, adding potential complication for visitors.
- There should however be more spaces available for visitors.

There will be statistical surveys done on parking and we are keen to hear your opinions on this issue. Please stop me in the street or drop me a line at [sjhenderson52@icloud.com](mailto:sjhenderson52@icloud.com)



# Jolimont

By David Wark

Jolimont is our popular and well known local railway station serving East Melbourne and well used by patrons of the Melbourne Cricket Ground. Recently a resident found among their collection a painting depicting Jolimont Station around 1911. This picture is one of the earliest records of our station and shows a D Class engine and carriages standing at the inbound platform. The skyline of the CBD can be seen with St Enoch's Church in Collins St (now demolished). Cliveden Mansions (where the Pullman Hotel now stands) with its upper storey extension is to the right and the Welling-ton Pde telegraph wires are also visible.

What information do you or your family have about East Melbourne's social fabric and heritage? We need to identify and preserve such records and we need your help. If you are interested in some of the extensive information that has already been recorded, the East Melbourne Historical Society has an abundance of articles and photographs. Search at [emhs.org.au](http://emhs.org.au)

The East Melbourne Group relies on the community for such information. Please contact the EMHS if you are able to contribute any further information about our suburb's history.

Photo provided by EMHS



## Family Section

# 122 George Street East Melbourne NEWS from East Melbourne Library

By Linda Longley



There's a buzz in the air at the East Melbourne Library and that might have something to do with the City of Melbourne's latest venture with Melbourne's Rooftop Honey! Two bee hives have been placed on top of the existing water tanks at the rear of the library. We are supporting the important work of Melbourne Rooftop Honey who are introducing hives into the urban environment safely and sustainably. From the water tanks the bees will travel above the people zone and can cover a distance of between four and five kilometres. Bees are crucial for plant pollination and setting up urban bee hives is one way we can prevent colony collapses which have happened in other parts of the world. Bee awareness activities have been introduced to the libraries programming with Bee Lego and Bee storytime sessions.

## Christmas Closure

East Melbourne Library will again close this year over the Christmas – New Year period from 5pm 24 December 2019, reopening on Thursday 2 January 2020 and resuming normal hours. As an end of year celebration a Community BBQ Day will be held on Saturday 21 December from 11am to 2pm. There will be community stalls in the forecourt of the library, Christmas kids activity showbags, Christmas poetry and more. Pop in and stock up on your favourite books and enjoy a fun day with lots of giveaways.

Children's programs will cease on 5 December 2019 and resume 12 February 2020

Library Opening Hours December 2019

DATE	City Library	Library @ The Dock	East Melbourne	Kathleen Syme	North Melbourne	Southbank Library
Mon 23 Dec	9am-5pm	9am-5pm	10am-5pm	10am-5pm	10am-5pm	10am-5pm
Tues 24 Dec	9am-5pm	9am-5pm	10am-5pm	10am-5pm	10am-5pm	10am-5pm
Wed 25 Dec	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
Thurs 26 Dec	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
Friday 27 Dec	9am-5pm	9am-5pm	CLOSED	CLOSED	1pm-5pm	CLOSED
Sat 28 Dec	10am-5pm	10am-5pm	CLOSED	CLOSED	10am-4pm	CLOSED
Sun 29 Dec	12pm-5pm	12pm-5pm	CLOSED	CLOSED	2pm-5pm	CLOSED
Mon 30 Dec	9am-5pm	9am-5pm	CLOSED	CLOSED	10am-5pm	CLOSED
Tues 31 Dec	9am-5pm	9am-5pm	CLOSED	CLOSED	10am-5pm	CLOSED
Wed 1 Jan	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

**EMG Facts** - Did you know in 2003 The East Melbourne Group advocated for the expansion of the children's playground in Powlett Reserve?

**General Store Promotion** - Special offer to the children of East Melbourne until the end of the school holidays: Walk to The East Melbourne General Store for a free bag of mixed lollies with every milkshake.





## Family Section

# A Bush Kinder in the City

By Susanna Louie



On a cold Melbourne winter's day, a group of excited kindergarten children gather around a freshly dug fire pit. Young East Melbourne local Max is helping prepare damper bread and wrap potatoes in tinfoil, all in readiness to go onto the coals. Little feet move confidently around the open bonfire under the watchful eyes of educators and parents who are ready to step in but only when absolutely needed. What looks like a scene from a bush kinder on the fringe of suburbia is actually just a stone's throw from East Melbourne at Dame Nellie Melba Kindergarten (DNMK) on Richmond Hill.

As the name suggests, this unique kindergarten was established by the legendary Dame Nellie Melba over 100 years ago and has a lengthy history supporting local families. Max is excited about the potatoes and the damper bread but says his favourite part of the day was 'so definitely roasting marshmallows on the really long branches'. The branches were gathered from the gum-trees towering over the native bush garden play-space, a place featuring lots of dirt, muddy streams and rugged rocks for climbing.

Adam has been teaching at Dame Nellie for over ten years and tells us the winter bonfire is everyone's favourite event of the year. 'Our 3 and 4 year old classes spend weeks anticipating this activity. We are really so lucky that we have an outdoor environment that allows us to be able to build a fire and create this special tradition for our kids and families. Being in the inner city, many of our students might not have ever built a fire, let alone been able to cook over an open flame. It's quite magical.'

One of the first purpose-built kindergartens in the state of Victoria, DNMK is situated in a period building with soaring rafters and a California Bungalow veranda. It's hidden in a historic corner of Richmond with notorious 1920's gangster Squizzy Taylor's place directly opposite and rumours abound that tunnels run from his house under the kinder to a secret location.

Unlike the many new corporate childcare centres popping up in the area, there are not heaps of new perfectly styled toys everywhere. Instead, DNMK has a strong sustainability focus and makes charming use of recycled materials, things found in nature and community donations. Raw pieces of fabric hang from the ceiling creating rustic cosy nooks and in the corner are old computers and car parts - anything that can be dismantled with a screw driver or beaten with a hammer. Adam says 'Our philosophy is based on a three-way partnership: children, their families and educators; a holistic view of learning and development; and an appreciation of nature as a foundation for learning and practice'.

Max's dad, Darin, came across DNMK when they were looking for a kindergarten for older brother Sebastian. 'We took Sebastian to visit a few centres in the area and he loved Dame Nellie because there was a "man teacher" and for the rough and tumble nature of the outdoor space. We also loved that DNMK is a 15 hour a week sessional kinder as our family didn't need full time childcare. It's very hard to find a sessional kinder in this area.' Meanwhile, back at the campfire, it's time for hot chocolate and that long awaited marshmallow.

## Family Section

# Children's Activities

## Artplay (Babies-12 Years)

Artplay is a place where children can explore their creativity and share unique artistic experiences with professional artists. There is also an interesting and creative children's playground.

Wed - Sun 10am - 4pm  
Birrurung Marr, rear Federation Square  
Go to [www.artplay.com.au](http://www.artplay.com.au) or [www.facebook.com/ArtPlayKids/Facebook](https://www.facebook.com/ArtPlayKids/Facebook) for school holiday workshops.

## Holy Trinity Playgroup

Wednesdays 9.00 - 10.30am (during school terms)

## Kere Kere, Fitzroy Gardens

Filipino Storytime, Art & Music (3-5 years)  
3rd Saturday of the month 2-3pm | Free

Storytime by East Melbourne Learning Sanctuary  
1st Tuesday 10am | Free

## Grandparents Playgroup

2nd Tuesday of the month 10.30am  
Fitzroy Gardens | Free

## East Melbourne Library

Songbirds (0-18 months)  
Thursday 10.30am (during school terms) | Free  
Pre-school Story Time (3-7 years)  
Wednesday 10.30 am (during school terms) | Free

Lego Squad (3-10 years) Thursdays 4 - 5pm  
(during school terms) | Free

School holiday program | Go to [www.melbourne.vic.gov.au/libraries](http://www.melbourne.vic.gov.au/libraries) or drop into the library

## Kids' Activity Sheet by Koorie Heritage Trust

Created especially for the school holidays, complete fun activities while learning about Australia's Aboriginal cultural heritage on a self-guided Indigenous art tour.

Daily 10am - 5pm | Koorie Heritage Trust Level 1 Foyer or staff at the NGV@Fed Square front desk

## Junior Rangers (5-10 years)

Things that sting - Charlatans, slavery and betrayal. What on earth is happening to the ants, bees and wasps in Royal Park? Join park rangers for a fun-filled morning of games, exploring and craft as they investigate the secret world of little things that sting.

14 January - 24 February 10 am  
Trin Warren Tam-Boore Bellbird Waterhole, Royal Park, Oak Street Parkville | Free but bookings essential.  
Go to [www.whatson.melbourne.vic.gov.au](http://www.whatson.melbourne.vic.gov.au)

## Firefighting Activities (primary school age)

A wonderful opportunity for kids to hear about all things fire safety, fire-fighting and rescue - educating kids on what to do in the event of a fire followed by fire-fighting demonstrations including chopping up a car, rappelling down a wall and the chance to meet firefighters and see the engines up close.

Friday's 10.30am  
Eastern Hill Fire Station 456 Albert Street  
Free but booking is essential.  
Call 9665 4510 or [www.mfb.vic.gov.au](http://www.mfb.vic.gov.au)

## Piano Lessons in East Melbourne

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# A Milliner in our Midst

By Susanna Louie



Marea Bright (R) with Eva So (L)

You will find Marea Bright blocking hats and toiling away with feathers in her little shop, hidden upstairs in the Centreway Arcade off Collins Street. Unlike many milliners who only set up shop during the spring carnival season, Marea's dedicated clientele keeps her busy all year round, with her creations being seen at racing days throughout Australia and as far away as prestigious Royal Ascot in England.

Marea was born into a racing family of jockeys and horse trainers from Wagga Wagga. Her great grandfather, Samuel Davis, rode Lantern to win the Melbourne Cup in 1864. Marea jokes that she was meant to be a jockey called Jimmy when she was born. When her brother Jimmy eventually arrived, he did go on to become a successful jockey, but Marea's destiny lay elsewhere.

Marea knew that millinery would be her life-long passion as a small girl. Following her stylish mother around glamorous race days, left a strong impression of the importance of fashion. She remembers at the age of nine being enchanted

by the creations at Ann Austin's millinery house in the Block Arcade and saying, 'Mummy that's what I want to be when I grow up'. Marea achieved that dream, enrolling in a full millinery course at TAFE after finishing high school.

One of the highlights of her career was when she was invited to move to London to manage the business for her long-time friend and mentor the late milliner Frederick Fox LVO. Frederick was another local artist from regional NSW, but found his stride creating hats for Queen Elizabeth and London society. Marea tells us 'Freddie was one of Britain's finest milliners. His elegant styling and quality workmanship and of course sensual hats were a great loss to the millinery industry. I miss him!'

After her time in London, Marea decided to establish her business in Melbourne, a city that she had loved as a girl. Living in East Melbourne was another natural choice. Marea thought 'Why would you want to move to the city and live in the suburbs?'. Something most of our residents understand well.

After over 50 years in millinery much has changed, but Marea's beautiful hats and fascinators have endured. Her wonderful designs epitomise femininity, exuding charm, while being a bit quirky. Her designs are also grounded in a natural tradition that such a long history in the field brings. Marea has recently received the Lord Major's Commendation for her many years of outstanding service in Melbourne.

If you are looking for that perfect hat - Marea Bright Exclusive Milliner is located on Level 1 of the Centreway Arcade, 259-263 Collins St, Melbourne.



## Bracelet on Eva

*Drawing from his work as an architect, East Melbourne local, Tom Hals creates his unique range of jewellery using 3D printing technology. The bracelet featured on local*

*resident Eva, 3dhals-Brass Brussels Bangle, named after the city the designer Tom Hals hails from. To find more of Tom's inspiring pieces, go to [www.studiohals.com](http://www.studiohals.com)*

**Dress and Handbag by American Rag**

## Fashion/Community Marketplace Volunteer Editor

Are you a fashionista at heart? We are looking for a volunteer fashion and community marketplace editor to join our team. Contact Susanna at [magazine@emg.org.au](mailto:magazine@emg.org.au)

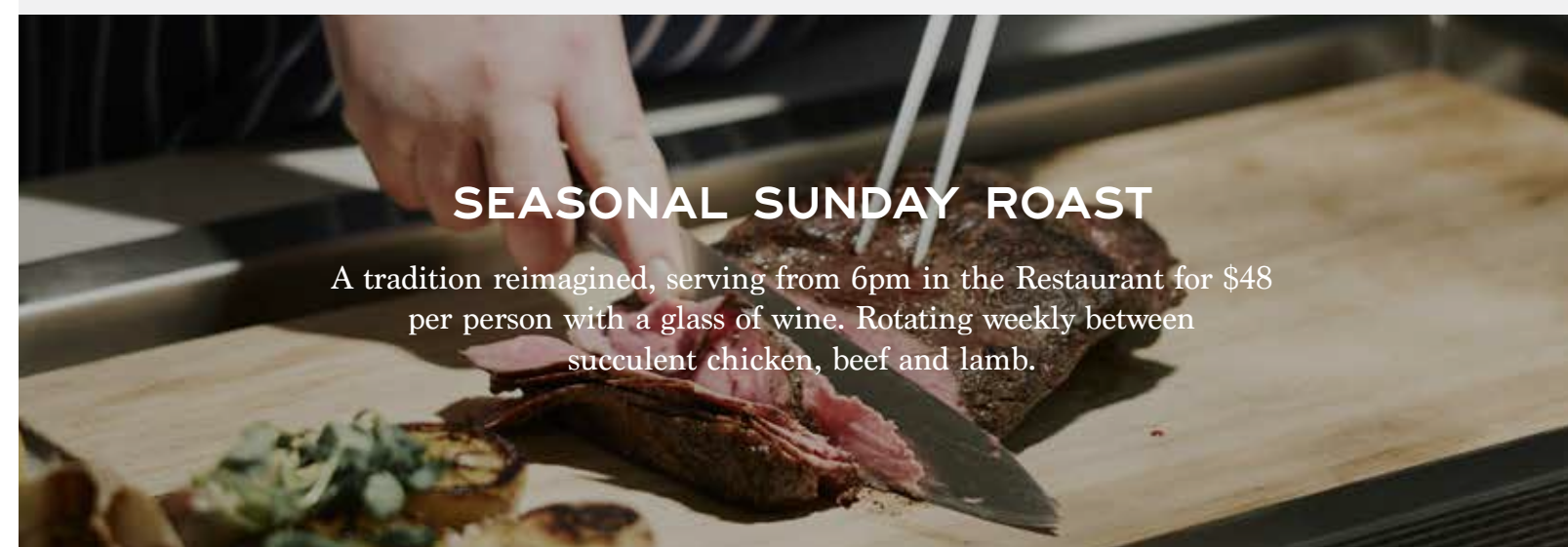
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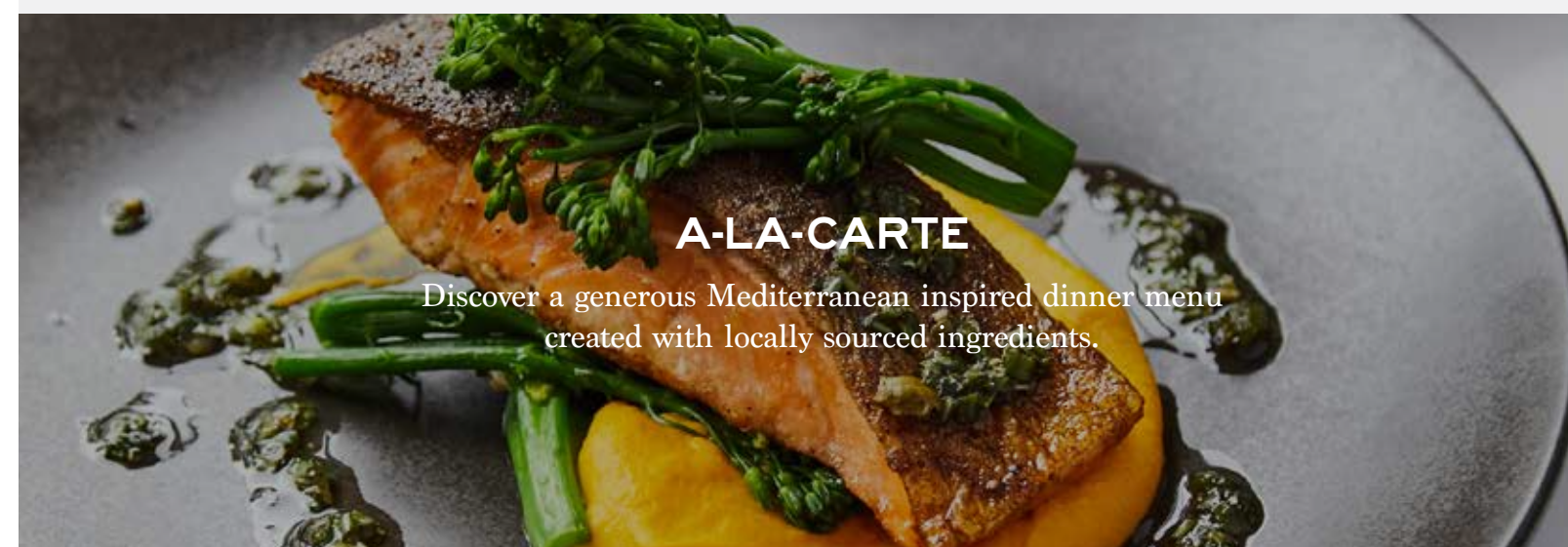
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# Do you know your neighbours?

By Susan Henderson

East Melbourne Neighbour Network is a great way to become better acquainted with other members of our community.

Our goal is to get to know one another better so that we can enjoy life in East Melbourne as we age. We often see each other on the street, and it is great to get to meet and chat together in a friendly informal setting. We all have something to offer each other as neighbours and we all benefit by offering mutual help and support.

Once a month some 30-45 men and women meet in a neighbour's home for morning coffee, to share information and enjoy a social get together. We often have an interesting guest speaker to talk about a topic relevant to our lives.

The group has been going for over three years and we have developed other activities to enrich our lives. (see below)

General Fitness classes are held at Powlett Reserve Community Centre with qualified teachers taking the classes for a small charge (refer Community Notices for details).

Social Activities include monthly movie at Kino and lunch (second Monday of the month), monthly Sunday singing evening with wine and cheese, quarterly group lunch at Geppetto Restaurant and an annual Christmas party.

**Please feel free to contact us to find out more:**

**Susan Henderson:**  
sjhenderson52@ozemail.com.au

**Shelley Faubel:**  
faubelfamily@hotmail.com

**Pat Jones:**  
triciaj1944@gmail.com



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# Older Fitter Smarter!

By Libby Oldfield, Specialist Pysiotherapist



The benefits of exercise for all ages are well known. Bones and muscles are strengthened, and flexibility is improved. Appropriate exercise also improves the function of the heart, lungs and circulation. Exercise aids in digestion and bowel function, decreases the risk of developing bowel cancer, high blood pressure, Type 2 diabetes, depression and heart disease. Posture is improved, weight loss encouraged, stamina, energy, quality of sleep, balance and coordination are all enhanced by regular exercise. Doing no exercise is detrimental to your health. Even a little exercise is better than none at all.

## There are 4 major health concerns as we age:

- cardiovascular fitness
- bone health/bone strength
- bladder and bowel function
- general strength and mobility for enjoyable independent living.

Cardiovascular (CV) exercise is any exercise that raises the heart rate. This form of exercise needs to be done to keep the heart and lungs healthy. CV exercise can be done by walking, swimming, dancing, etc. This form of exercise increases the body's production of endorphins which are our 'feel good' chemicals. (Have you ever returned from a walk in a bad mood?). CV exercise also burns fat so helps with weight reduction or control. It also increases stamina, giving us more energy and lessening fatigue.

One of the most convincing reasons to begin an exercise program in later life is to ward off the effects of sarcopenia and osteoporosis. Sarcopenia is the loss of skeletal muscle mass due to ageing. This means your body makes fewer new muscle fibres but the good news is you can really strengthen what you have left to compensate. Osteoporosis is the thinning of the structure of the bones. It affects 50% of women by 70 years of age and 30% of men. This may lead to changed living circumstances and more health problems. The main risk factor for osteoporosis is family history, so check out your relatives. Talk to your GP about the recommended calcium and Vitamin D daily intake.

Exercise needs to be quite specific to strengthen bones. Strength training 2-3 times a week (lifting a maximum weight for only a few repetitions) has been shown to

make a difference. If you already have thinning bones this exercise should be supervised by a physiotherapist as other problems may develop. Strength training regimes require monitoring of technique, repetitions, and to ensure correct weight is being lifted. It is very important that the exercises target the areas of bone most vulnerable to thinning.

Do you have to rush to the toilet, leak a little if you laugh, cough or sneeze, or plan your day around where the toilet is? Good bladder and bowel habits are very important. No matter what your age, incontinence or any other bladder/bowel problem is not normal. These problems have a habit of getting bigger and they don't usually get better on their own. Most of us only need to go to the toilet about 6 times a day and up to once at night. It's also important to encourage your bladder to think "big" and not to go "just in case". The best solution is maintaining a good pelvic floor. The pelvic floor muscles get older with the rest of us and particularly if we have been pregnant, or been chronically constipated, can become weak.

Finally, maintaining good core strength and flexibility is also important as this gives your body the skills to do what ever is asked of it. Core strength refers to the deep trunk muscles and their connections to the spine. Using your 'core' helps prevent back pain, especially necessary whilst doing strength training, lifting buckets of water during this drought, gardening, playing with grand children and the other thousand things we do with our bodies.

To be older, fitter and smarter, you must first assess your own health needs. Ask yourself what time you have available. Prioritise. For many of us, the day we begin an exercise program is the day we discover the key to improved quality of life. Always check with your health professional before beginning something new. Start now.

At Fitwise Physiotherapy, our physiotherapists work with clients of all ages daily, helping them to achieve their health and fitness goals. If you require advice or guidance, we'd love to help you get on the right track. For more information or to enquire about a consultation, please visit our website [www.fitwise.com.au](http://www.fitwise.com.au) or contact our friendly team on (03) 9486 0512.





# Men's Shed Expanding & Meeting Community Needs

By Doug Robertson

Melbourne Men's Shed (the Shed) now has 90 members. We are fulfilling the basic objectives for which governments at federal, state and local levels have provided funding. Now we are looking to expand our hours to cater for our increasing membership.

While the Shed has particularly excellent wood working facilities, chairman Andrew Stefanetti is quick to point out the variety of activities available. There is a well set-up kitchen where members meet once a fortnight to produce excellent meals under the guidance of qualified chef member Graham. There are computers for general use and assistance is available. Or you can go kayaking or learn about digital photography. Also, a Heart Foundation-approved walking group operates each week and there is an extra-long adventure walk every month.

The Shed is slowly cementing a place in the community, with many service requests successfully completed. Members repaired the Bureau of Meteorology's historic instrument boxes which are made of cedar and are considered superior to any modern equivalent. Each year we produce toys for the Royal Children's Hospital while local schools and charitable organisations benefit from repairs. Small items such as planters and sports equipment boxes are constructed at an affordable cost. Members can also work on their own small projects.

At the heart of Men's Sheds is the objective of improving members' health, both mental and physical. Many members have experienced these benefits. Member D reports,

'I arrived in Melbourne in January 2018. My wife took on full time employment while I stayed home looking for things to do. Having no friends and really no direction, I was quite bored with life in general; I felt I had no purpose in life.

My wife, doctor and daughter in-law all suggested I join the men's shed, but as an ex Vietnam veteran I suffer badly from PTSD and find it very hard to step outside my own comfortable environment. After many months of listening to my wife and doctor telling me to give it a go, I decided to go along to appease everyone. To my great surprise I loved it. Many people there had similar stories to myself and the comradeship I found within this group I had not known since my Vietnam service.

I have found great support and friendship at the Shed, for which I am so grateful. My doctor is also happy as my physical and mental health have improved greatly; I've lost weight which in turn means I don't need insulin injections, my blood pressure is back to normal and all my doctors and specialists cannot believe the improvement in my health and well-being.

The Shed has given me a purpose in life, I have somewhere to go, people to chat to. I don't feel alone and isolated anymore and I have a sense of achievement in making things. More importantly I have made friends. I know if I feel down, I have a group of people I can reach out to. The men's shed is so important to many people, it provides a great support network and it saved my sanity and improved my health. I cannot thank this group enough for their support and friendships'.

A number of East Melbourne residents are members and supporters of the Shed. If you are interested in finding out more, go to: <http://melbournemensshed.org>



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Happy Birthday

# East Melbourne Historical Society

By Jill Fenwick

In 1999 two local historians living next door to each other at Queen Bess Row in Hotham Street, founded the East Melbourne Historical Society. Dr Anne Colman and Dr Liz Rushen saw the need to encourage the study of local history, to promote heritage preservation and to record and collect East Melbourne's history.

The local residents' action group, the East Melbourne Group, supported their initiative and provided the initial funding.

The work of the EMHS built on and added to that of local historian Winston Burchett. In the 1970s, Burchett had written two books, first East Melbourne Walkabout (1975) with illustrations by local architect Geoffrey Borrack, then East Melbourne 1837-1977, People, Places, Problems (1978).

To these initial resources the East Melbourne Historical Society added lectures, readings and discussion. With Dr Colman as the first president and Dr Rushen as secretary the tradition began of offering members an excursion in February and then a lecture on the third Wednesday of every following second month with a Christmas celebration in early December. At first, the meetings were held at Clarendon Terrace, courtesy of the Menzies Foundation, but they are now held in the East Melbourne Library in George Street.

In addition, thanks largely to the efforts of Sylvia Black and Graham Shepherd, an on-line archive was created which has attracted interest from all over Australia. The archive supplies pictures and histories of East Melbourne buildings and notable East Melbourne residents. There are over five hundred entries of the

lives and war service of volunteers in World War 1. The front page records local items of interest and notices of coming events.

Thanks to the on-going efforts of the Committee and the support of local residents, the EMHS has contributed strongly to the preservation of historic East Melbourne and Jolimont and been a vital part of the community

for twenty years. With just under two hundred members, it has a substantial role in supporting individuals and groups interested in keeping this most precious of nineteenth century suburbs for future generations.

If you would like to support the work of the East Melbourne Historical Society, become a member through our website emhs.org.au

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# East Melbourne Breaking News 1919

By Penny Tangey

Robbery at East Melbourne (The Argus, 29 December 1919) reports, 'Employing a piece of paper and a quantity of jam to facilitate the noiseless removal of portion of a window pane, thieves gained admittance to a boarding-house in Grey street, East Melbourne, during the week-end. The occupants were absent with the result that a large quantity of clothing, [unreadable] [unreadable] and dress [unreadable] was carried off by the thieves, four or five rooms being thoroughly ransacked. The victims of the robbery [unreadable] the value of the property stolen at £75. On Saturday the theft was reported to the detective office, and inquiries are being made.'

**This curious use of jam led us find this 1953 equally curious jam related incident:**

'Poison Jam Stolen' (The Daily Telegraph, 21 May 1953) which reports, 'Thieves yesterday stole a new sedan car containing four half gallon tins of poisoned jam. The jam had enough arsenic in it to kill 1000 people. The jam was intended for bait for rabbits and rats'. The car's owner, Enid Taylor, was buying a steering wheel lock when her vehicle was stolen (we love a little bit of 1953 irony).

Luckily, our research led us to 'Car with Poison Jam Found' (National Advocate, 22 May 1953), which reports that Enid's car was recovered with the poison intact. We are relieved that 1953's scone-loving Australians were safe!

**ROBBERY AT EAST MELBOURNE.**  
Employing a piece of paper and a quantity of jam to facilitate the noiseless removal of portion of a window-pane, thieves gained admittance to a boarding-house in Grey street, East Melbourne, during the week-end. The occupants were absent, with the result that a large quantity of clothing, suit cases, and dress cases was carried off by the thieves, four or five rooms being thoroughly ransacked. The victims of the robbery, whom the value of the property stolen at £75. On Saturday the theft was reported to the detective office, and inquiries are being made.

## Poisoned jam stolen

Thieves yesterday stole a new sedan car containing four half-gallon tins of poisoned jam.

The jam had enough arsenic in it to kill 1000 people.

The jam was intended for bait for rabbits and rats.



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Good Bye!



By Susanna Louie

# Dr Bill

There are huge changes afoot at All Creatures on Hoddle with our beloved East Melbourne vet Bill Ryan retiring after 39 years in veterinary medicine. Bill started his career in Canberra, with a surgery that he ran for over 27 years with the help of his wife Jacinta. In 2007, they decided to sell their Canberra practice and move to inner city East Melbourne. Here they set up the practice on Hoddle St. Jacinta says the first 25 years were Bill's choice and she got to decide on the next 25. Having discovered the joys of East Melbourne Bill was happy.

Both Bill and Jacinta are active and well known members of the East Melbourne community. Many a local event has seen Bill absent because he was taking care of a much loved family pet after hours and his uncompromising dedication to East Melbourne pets and their owners will be sorely missed. We are lucky that Bill and Jacinta will continue as East Melbourne residents. So if you see Bill roaming our heritage streets, enjoying his retirement, please stop to say hello and thank him for his wonderful service.

Hello!



# Dr Kay

We welcome Dr Kay Wallace to our local East Melbourne community. Dr Kay and her partner Dr Peter Juliff have worked for many years at Prahran Veterinary Hospital, one of the oldest small animal practices in Melbourne. With the addition of a small consulting practice in South Yarra three years ago, it was a natural progression on to East Melbourne when Dr Bill retired.

Kay graduated from Melbourne University but hails originally from Launceston. After uni, Kay worked in Queensland and rural Victoria and was the first female vet at a big dairy practice in Cohuna. Ultimately, she and Peter decided that companion animals were their main love and they settled in Melbourne.

Dr Kay joins the existing trusted team of Dr Stephanie Fenlon and Dr Michelle Egan to provide care for East Melbourne pets. Michelle has a special interest in surgery and trained in orthopedics under Bill. Kay informs us that, 'Stephanie and Michelle are skilled, empathetic and dedicated veterinarians who work well together'. They are supported by the veterinary nursing team of Natasha (Tash) Daniel, Gemma Green and Atika Morrell, with Gemma launching puppy preschool at the surgery on Saturday mornings.

Prahran Veterinary Hospital and South Yarra Veterinary clinic recently rebranded and are now called EVERVET. This is a family practice, owned by Kay and Peter along with Dr Diana Barker and Dr Theo Lynch. Diana and Theo live close by and have two young children and two burmese cats. Diana is providing advanced surgical services to All Creatures, while Theo visits to perform ultrasounds and to advise on medical cases.

With the change of ownership, East Melbourne pet owners can take advantage of the depth of knowledge and skills contained in the extended professional team of EVERVET. The veterinarians who have qualifications in the fields of dentistry, behaviour medicine, surgery and medicine are working together to achieve the best outcomes for patients. Kay tells us that they also have plans to create an additional consulting room with the renovation anticipated to proceed in autumn in 2020.

# Pet Advice

By Dr. Kay

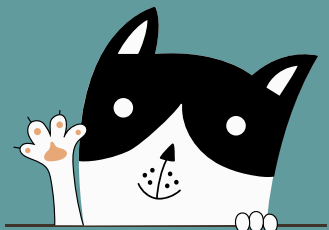
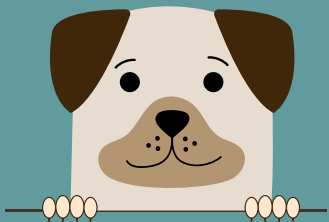
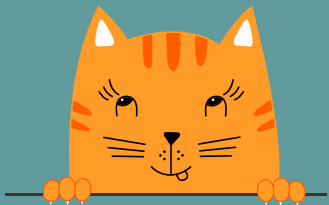
Pollen season is upon us and this week both pets and their people have been visiting with symptoms of allergy. For dogs, itchy eyes and "reverse sneezing" can be symptoms. Other dogs will get itchy all over and scratch, lick, roll and rub. Of course, in the warmer weather the fleas start breeding in large numbers too and so if you put allergic and flea itch together, it is unbearable.

We strongly recommend an effective flea treatment be given monthly all year around, but it is particularly important from October onwards through the summer.

If you find one flea on your dog then there are probably 50 undiscovered and your house is contaminated with many eggs. Prevention is definitely the way to go, but not all flea products are equal. We stock safe and effective prevention and will happily give advice on what is the best to use for their individual pet.

For dogs that get itchy after running at the park, a wipe down with a damp cloth to wipe the pollen off when they get home can make a remarkable difference but sometimes medication to treat the allergy is needed and that is where we can help.

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"Put simply, we believe our pets make us better human beings."



# Reverential Rap

## Espresso or Instant

### A modern parable?



By Reverend Grant Edgcumbe

One of my great loves is coffee. I drink it black because I am a purist and a snob and feel so superior to all those philistines sipping their lattes, macchiato and the worst coffee sinners - those who take sugar.

I was overjoyed last year when I was able to buy my own espresso machine that in the shop looked utterly wonderful - I was smitten, it was love at first sight. Large, chromed and with lots of lights. A thing of beauty, a wonder to behold. But little did I know that I was about to surrender all morning control to this machine.

Out of bed eager with anticipation looking for my first caffeine I turn the machine on and lo and behold there is a blinking red light - not immediately obvious to a member of my generation.

I have to consult the instructions which say that particular red light indicated the water tank was empty. OK. Water tank full off we go - the coffee is bliss. Day two, another red light is flashing so back to the instructions to find the spent grounds tank is full and needs emptying. After emptying it I can proceed after spending only 20 minutes unravelling this conundrum.

Day three - yes, you guessed it another red light is flashing and so it goes on day in day out until one day nothing works - all the lights are flashing telling me the dear machine now wants to embark on the mysterious pursuit of 'de-scaling' which is a complex and lengthy process taking about half a morning for the novice that I am.

Whilst de scaling I am driven to a jar of instant coffee, thinking that if this is satisfactory I could abandon my gorgeous new machine in the name of convenience. I do not have the experience one witnesses on the ads of people swooning as the jar opens as if they are inhaling the perfume of the gods. No, it smells rather horrid and the taste is utterly disgusting.

Some things in life are just worth working for. A good coffee is worth the wait and all the frustration of a machine blinking orders at you with red lights. We have come to understand each other now and I am happier acquiescing to its demands as I know that when I do the results and flavour are wonderful. If we could try to make our relationships more espresso than instant I wonder if it might be a better world?



# Market Update

## East Melbourne

By Jacob Caine

We have often boasted that while property markets across the country surge and decline on the back of economic, domestic and geopolitical tumult, our exclusive East Melbourne enclave remains impervious to these external factors. The recent property market downturn, however, proved us wrong. The scarcity, even during peak years, of properties for sale in East Melbourne, makes tracking a 'true' median price very difficult, particularly when assessing houses. Data from realestate.com.au suggests that the median house price in East Melbourne dipped as much as 22% between October 2018 and May 2019 - some \$650,000. This figure is calculated from a historically low volume of house sales results in the suburb, but it correlates with our internal estimate of the decline, which was calculated by contrasting originally appraised prices with actual sales results.

Supply remains tight, but the tide has turned. Market sentiment became more positive immediately following the re-election of the Morrison government, as other significant factors including interest rates helped restore confidence in the property market. As the Reserve Bank of Australia signals its intentions, additional rate cuts continue to preoccupy the media. The conversation has now shifted to 'fears of a bubble'. I don't know about you, but I find this relentless sensationalism ill-judged.

Over the past quarter, just shy of 30 properties have changed hands in East Melbourne. This has demonstrated that confidence is returning. A stunning Powlett Street auction result at the weekend (12/10/19) brought a smile to our faces and should to all East Melburnians. More than 80 groups passing through an open house on Grey St (yes, a lot of neighbours but also a lot of buyers), with the promise of auction fireworks to come, should be seen as a sign that the sun has risen, the smell of cut grass fills the air, the horses are racing - and East Melbourne property is back at the head of the pack.

# EMG's New & Younger Members Soiree

A very happy and special evening was had by both new, and younger members of the East Melbourne Group at the superb home of Krystyna Cambell Pretty, Elizabeth House, on a beautiful evening in late October.

It was a pleasure to watch the guests coming up the drive, greeted with a glass, going through the elegant rooms, then entering her large courtyard for refreshments and a convivial evening with friends old and new. It was the perfect setting for wandering, wondering, meeting and bringing people together.

Both the East Melbourne Group and many other organisations are very fortunate to share in Krystyna's generosity and the opportunity to visit her beautiful East Melbourne home.





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## Mystery Photo Contest:

# How well do you know East Melbourne?

Be the first person to go to the Mystery Photo post on [www.facebook.com/EastMelbourneGroup](https://www.facebook.com/EastMelbourneGroup) and tell us the this location will win a succulent terrarium from East Melbourne local, The Leaf Stylist [www.leafstylist.com.au](https://www.leafstylist.com.au).



# Early East Melbourne

By Gary Morgan

*Illustrated are two views titled Melbourne from the Yarra, both from the Roy Morgan collection.*

Lt Governor Charles La Trobe and Bishop Charles Perry were the earliest residents of Jolimont and East Melbourne which today cover an area from Spring Street to Hoddle Street and from Victoria Parade to the Yarra River.

While Lt Governor La Trobe lived in a pre-fabricated cottage in Jolimont (now located in South Yarra near the Shrine of Remembrance), Bishop Perry lived in a grand bluestone villa (which now forms part of Bishops Court) facing the Fitzroy Gardens and the Old Treasury Building.

From the mid-1850s grand villas and London-style two storey brick terraces were being built across East Melbourne near Yarra Park, Fitzroy Gardens and Treasury Gardens.

Today on display in the Old Treasury Building at the top of Collins Street are many early Melbourne paintings and lithographs from the Roy Morgan collection. These include paintings by Nicholas Chevalier, Henry Easom Davies, IM Nelson, Edmund Thomas, JD Stone, Henry C Gritten and George Alexander Gillbert.

These paintings cover many different views of Port Phillip Bay, the Yarra River, Melbourne streets, gardens and surrounds including scenes of East Melbourne and the colonial artist painting Early view of Melbourne from Punt Hill, 1888.

Included also is the 1867 Nicholas Chevalier watercolour Melbourne from the Yarra across East Melbourne. In 1874, when Nicholas Chevalier was in London, E Brandard produced a hand coloured steel engraving of Nicholas Chevalier's 1867 watercolour painting Melbourne from the Yarra. Both are important and both are shown with this article.



Melbourne from the Yarra, across East Melbourne  
E. Brandard engraving from the original by Nicholas Chevalier  
Roy Morgan collection



Melbourne from the Yarra, across East Melbourne  
Watercolour by Nicholas Chevalier  
Roy Morgan collection

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